



Ipsa Duce

Issue No: 63, October 2015

Kavanagh College,
340 Rattray Street,
Dunedin.

Celebrating Excellence!



Bodkin House took to the stage to wow the crowd on Kavanagh Day. The House choir competition was won by Rice and Gabriel, with Gabriel winning overall.

How to stay in focus

by Sam Meikle, Yr 8, winner of the NZ Psychological Society Award and the Asthma Society Award at the Aurora Otago Science and Technology Fair



I noticed in my Yr 8 classroom that the ability to concentrate during lessons often seems to be difficult. I had heard that jumping on the trampoline before doing homework is supposed to help students to be more focussed. So I looked into a few methods that supposedly help concentration and found out that yoga is meant to be effective. I wondered whether either yoga or trampolining would help Yr 8 students to be calmer and to concentrate in class. Most lessons usually involve listening attentively, following instructions and doing written tasks within a set time, up to about an hour. Concentration in class can be affected by many things like distraction (for example other classmates, mobile devices) or sitting still for too long causing fidgeting from excess energy or the opposite, sleepiness. Two Indian researchers performed a single group pre-post test experiment on 66 university students to see if yoga made any difference to sustained attention. The students did a digit vigilance test before and after Yoga training. The results showed a significant decrease in errors and time taken to complete the digit vigilance test after Yoga training which is thought to be because of a positive effect of yoga on sustained attention. No research could be found to confirm the effectiveness of trampolining on concentration in children. Because of this I decided to carry out an experiment that tests the trampoline theory as well as comparing it to the effects of Super Brain Yoga on concentration.

To do my research I chose to use an experimental design. The variables are the type of exercise that the participants are randomly assigned to, the environment and time of day when the pre and post tests are done (the tests will randomly assigning students to one of three experimental groups and, especially, blinding the participants to the actual reason for the experiment). The sample of Yr 8 students taking part in the experiment were one of four classes with a mixture of abilities and interests.

My results partially support my hypothesis, as the results show that the trampoline group decreased in the average number of errors made after jumping for five minutes on the trampoline, but the yoga group actually made more errors after performing a Super Brain yoga exercise. The biggest surprise of all was that the average number of errors increased a lot more than I had expected in the control group. This could have been because sitting still and doing nothing made their brains less alert, instead of more alert like exercise or yoga has been shown to do according to my background research. For those in the control group who began throwing a ball and jumped briefly on the trampoline, maybe unstructured and brief activity has a negative effect on concentration as the activity is not focused enough to be able to focus their brains and instead makes them scatter-brained.

This would lead to the conclusion that trampolining really does help to focus the brain and doing no exercise has a negative effect on the brain's ability to focus. Maybe Super Brain Yoga helps people to be consistent but it didn't seem to have any effect on concentration in my experiment. More research with a larger number of Yr 8 participants from different schools would be a good idea to test my hypothesis again.

Some Level 1 Science classes have been currently (pun intended) studying electricity. Claire Lamb (right) had an opportunity to try out the Van de Graaff generator. It uses a moving belt to generate static electricity, like rubbing your feet across the carpet or when you jump on a trampoline. This causes a charge to build up which moves through Claire as she has her hand on the generator, and makes her hair stand up because it is filled with electrons that are repelling each other.



"Light pollution: Where is the best place to see the Milky Way in Dunedin?" by Campbell McDade and Archie Campbell (left) won the Premier Award, School of Surveying University of Otago Award, OSTA Premier Prize and the Aurora Excellence in Energy Research Award in this year's Aurora Otago Science and Technology Fair.



Bishop's Shield shows we're never lost for words

The Seventy-Second Annual Otago and Southland Catholic Secondary Schools' Public Speaking Competition was hosted by Verdon College, Invercargill, in August and attended by Bishop Colin Campbell. The results were: Junior Drama: Theme: "The Leaven" (Matt. 13;33): Emily Armstrong, Anna Mapley, Laura Whelan, Ripeka Skipper and Jim Redfearn: 1st place (Alpha Cup). Junior scripture: Therese Makasini. Junior Debate: Andrew Wilson, Josh Chisholm and Anna Roberts. Senior Drama: Theme: "Authority" (Mark 1: 21-28): Sophie Whibley, Claire McDonell, Jordan Henderson, Tuseka Njoko and Cooper Sharplin: 1st place (JB Lynch CFC Cup) and Boyce Family Cup for the The Most Promising Dramatic Performance - Sophie Whibley. Impromptu Speech: Topic: "Mystery": Connor Butler, 2nd. Senior Debate: Christina Weston, Emma Perry and Jacob Reeves. Prepared Speech: Joshua Meikle: 1st place (Hibernian Cup). Senior Scripture: Lucy Wilkins, 3rd. First place went to Verdon College, Invercargill, with 31 points, and the runner-up was St Peter's College, Gore with 26.5 points. with A huge thank you to our coaches Mr MacLeod, Sr Jan Ogilvy, Ms McGarry, Sarah Henderson, Mrs Vercoe and Mrs Kerr-Bell.

Kav Kwiz

by Josh Meikle, Yr 12

1. What does 'Ipsa Duce' mean?
2. Which school won the 2015 Bishops' Shield?
3. What is the name of the annual celebration of Pacific culture that took place in September?
4. What is the theme of this year's Otago Secondary Schools Music Festival?
5. Which House is named after the first principal of Christian Brothers High School?

ANSWERS on Page 4!

HAVE YOUR SAY!

Josh Meikle's prepared speech for the Bishop's Shield

The tradition of jubilees within the Catholic Church did not manifest itself until well after the beginning of Christianity as a significant religion. The first jubilee year was 1300 at the proclamation of Pope Boniface VIII. The jubilee year entailed that Christians were encouraged to pilgrimage to Rome where they would receive indulgences for the forgiveness of their sins. Since the first, jubilee years have been every 25 or 50 years. Extraordinary jubilee years are declared depending on the need of the Church.

The declaration of jubilee years is usually an effort on the part of the Church to increase its presence in the lives of its followers or to help support them in a time of need. This is accomplished through means such as the granting of indulgences and the encouragement of a greater support from the Church communities for those in need. These actions are often linked to a pilgrimage to Rome, however the more modern church has made more efforts extending these responsibilities to individual parishes. We will see this characteristic in Pope Francis' extraordinary jubilee, beginning the 8th of December this year. The particular choice of year that Pope Francis has made for the extraordinary jubilee has rendered it already unique in comparison to other jubilees. He has taken fully to heart the message that extraordinary jubilees are to be declared depending on the need of the church and has scheduled the jubilee nine years earlier than the next, by convention, should be.

Pope Francis has dubbed the extraordinary jubilee, the Holy Year of Mercy. Upon announcing the holy year he stated, "I am convinced that the whole church, that has much need to receive mercy because we are sinners, will find in this jubilee the joy to rediscover and render fruitful the mercy of God." This announcement practically sums up all of the core aims of the jubilee year. The Pope plans to carry out these aims, by the granting of indulgences to those in need of them, and in extension of this he intends to nominate priests and bishops across the globe to the status of 'Missionary of Mercy'. These missionaries will have the ability to pardon sins that are only reserved for the Holy See. In addition to this he encourages the people of the Church to, "have a heart open to the fringes of society and bring consolation, mercy and solidarity to people who live in precarious situations."

I believe the three main outcomes that Pope Francis would like to see emerging from the Holy Year are: the modernisation of the church, the opening up of the Church's heart to more people and those seeking redemption for past transgressions to have the ability to receive forgiveness and be lead down a more Jesus-centred path. In a way these three themes are largely just an extension on what Pope Francis has been working towards for his whole papacy. Prior to this jubilee he has called two global Synods of bishops at the Vatican in order to discuss how the Church will use its teachings of mercy to address the now common situations of family life such as divorce and same-sex relationships. He himself is already showing his openness through making comments such as, "If a person is gay and seeks the Lord and is of good will, who am I to judge him?"

As we move further into the 21st century, statistics are showing that a larger percentage of people, in the West, are moving away from the Church. This is often pinned down to the fact that they feel that the teachings of the Church are something of the past. So through this jubilee I see Pope Francis attempting to rephrase the church's message so that it is more in touch with those living in our current society. I believe that the combination of this Holy Year of Mercy, the Synods and the rest of Pope Francis' papacy is going to be a revolution of the Church causing it to lean more towards the Christian value of mercy as it is being made the focus of this extraordinary jubilee. The second aim of this jubilee is opening of the Church's heart to all people in terms of both conversion and acceptance of differences. In alignment with this aim the Pope hopes that the Catholic Church will have increased dialogue with other religions that share some aspects of faith with the Church. Specifically this means Judaism and Islam, both of them sharing many common roots with Christianity.

In addition to the Church more greatly opening its heart to those outside of it, the third aim of the Holy Year of Mercy is for the Church to open its heart and increase its mercy to those within it. This ties in a lot with the actions that the Pope has taken for this jubilee in terms of giving the title of 'Missionary of Mercy' to bishops and priests across the globe and allowing them to forgive sins specifically reserved for the Holy See. The prime focus for many Catholics discussing this responsibility, is the fact that these missionaries of mercy will be able to forgive the sin of abortion. This indicates that they have shifted in their viewpoint to acknowledge realities and to take into account that what people have done in the past doesn't necessarily need to entirely determine their future.

The three points that I have just listed are my perception of what I feel the Holy Year of Mercy encompasses and have been also the core of what Catholic communities have been discussing. I have been looking at these points, however, through the lens of the changes that they entail in the Church as being positive. There are those who believe that the Church is changing too much, too fast. They believe, with some valid arguments, that instead of the Church being modernised to fit the changes in the world, people should be changing to fit the traditions of the church. I believe that it is very likely that when the Church emerges on the 20th of November 2016 from the Holy year of Mercy, we will be seeing a different and more modernised church that will appear a lot less foreign to those living within post-modern cultures than it has in the past.

Students from the Yr 7/8 Department of the many trophies won across all sports this year. These include victory in the Dunedin Police Fitness Challenge, the Cromwell College Interchange and Ariki Cross-Country. Pictured with the trophies are: Jordan King, James Thomson, Caramelrose Tofilau, Helene Elisara, Gabe Gallagher, Ona Fraser, Bruno Guedea-Fonseca, Anna Harris-Rhodes, Caleb Chisholm.



Out of this world!

On Kavanagh's Open Day in August, Stu Todd from the Dunedin Astronomy Society and Quintin Petre, Yr 12, from the Astronomy Club set up a solar telescope to show the sun and all the details of dark spots and solar flares. Quintin also showed the weather balloon which was sent to space last year, and spoke about how the Astronomy Club is ready for another launch as soon as the weather improves. Anyone interested in joining the Astronomy Club can come to the weekly sessions at the Observatory on Fridays from 7pm to 9pm or by contacting a.enriquez@kavanagh.school.nz.

Bunch of Seven



How long do you spend on average every day on the internet?

Joshua: 1 hour to 1 hour 30 minutes.

Jordan: 1-2 hours at school, then 1-2 hours at home.

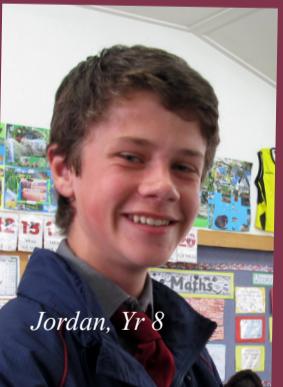
Ella: Maybe 3-4 hours.

Emily: 2 hours.

Niko: 6 hours.

Samara: 4 hours.

Tadhg: 2 hours.



What is your House and what should its mascot be?

Joshua: Bodkin and a lion.

Jordan: Rice and the Incredible (green) Hulk.

Ella: Rice; a giant green rice grain.

Emily: GabrieL; a white Arctic fox.

Niko: Rice and Ben O'Farrell with a football.

Samara: McAuley and a black jaguar.

Tadhg: Bodkin and Sponge Bob.



What are your top three things about summer?

Joshua: Playing football, doing Maths and eating icecream.

Jordan: Playing sports, having fun and doing new things.

Ella: The sun, no school and going to the beach.

Emily: Hot weather, going on holiday and spending time with friends and family.

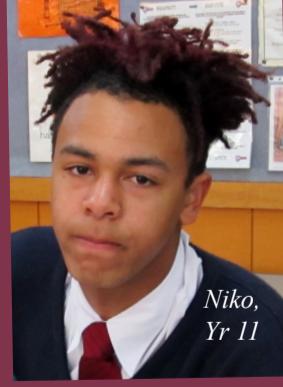
Niko: Chicken, watermelon and grape soda.

Samara: Being outside with my family, Christmas and barbecues.

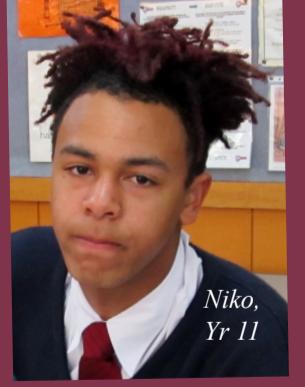
Tadhg: The beach, surfing and Christmas.



Emily, Yr 10



Niko,
Yr 11



Samara,
Yr 12



Tadhg,
Yr 13

Who should be the guest speaker at your end of year Prizegiving?

Joshua: John Key.

Jordan: A sports player who can inspire us to do better things with our lives.

Ella: Jesus.

Emily: Gerard Way.

Niko: President Obama.

Samara: Dan Howell and Phil Lester.

Tadhg: Wayne Rooney.

What has been your biggest challenge for 2015?

Joshua: The English reading log.

Jordan: Doing my best at school and getting into an Otago football team.

Ella: Dealing with all the drama and trying.

Emily: Don't know: the year's not over yet!

Niko: Swimming.

Samara: Singing and acting in the Musical.

Tadhg: Level 3 English.



The two recipients of the Otago Daily Times Class Act Award recently received certificates of commendation which were presented at the Dunedin Public Art Gallery by the Prime Minister, Mr John Key. Gemma O'Connell (above right) is one of our Sports Prefects and she has continually pursued challenges to extend her prowess. She is a member of the Southern U18 Women's Hockey team, a member of the Momona Hockey Club since 2012 and a member of the Kavanagh Girls' Senior Hockey team since 2007 and captain since 2013. In the past she has played for the Otago U13 team, been the team's captain and most valued player, and in 2014 was Otago's top goal scorer in the 3rd division senior women's club competition. Not content with challenges provided by female players, Gemma joined Kavanagh's senior boys' First XI team in 2011, where she has been playing ever since. "The speed with which the boys play and the physicality of the game is a bit rougher. It's different but it's good because it challenges me. I did it because I wanted to get some extra games in and get that different level of hockey. It gives me an edge." The down side to the challenge is that it has left her with a number of minor injuries which have become problematic, to the point where she has been unable to play at times. "I don't like not playing. I usually play 110% in every game, so it has been hard learning not to push myself so hard." Gemma dreams of one day playing for the Black Sticks, New Zealand's women's hockey team. Gemma has been just as diligent in class, gaining NCEA Levels 1 and 2 with Excellence. Other achievements include: Peer Mentor (2014); school Coach of the Year (2014); school Sports Service Award (2013-14); Outward Bound trip (2014). Role model? "I admire people who succeed against the odds." Hopes for the future? "To study finance, accounting and international business at the University of Otago."

Jessie Murphy (above left) is one of Otago's top runners and has amassed a long list of successes, including winning every Kavanagh College cross-country event since 2015, winning the Otago Senior Girls' 1500 m (2012-15) and 800m championships (2013-15), the Otago Senior Girls Championship in 2012-13 and in 2015), the Secondary Schools Logan Park Road Race this year, and was sixth in the New Zealand Secondary Schools Track and Field Championships road race in 2012. Jessie is also a member of the Hill City University Senior Women's Relay team, which won this year's Lovelock and Ponsonby Senior women's Relay competitions. And it's no surprise that she has been first in Physical Education in her NCEA Level 1 and 2 years. Off the athletics track she is just as busy with academic study. Jazz dance, ballet, music theatre, aerobics and her school leadership duties, which include Peer Support leader, Cultural Prefect and House Leader. She says her greatest challenge has been managing all her commitments. "I spend a fair bit of time prioritising what I have to do next and how long I'm going to spend on it. Running is a good time to do this. I do a lot of thinking while I'm running." Other achievements: Edmund Rice Camp leader (2014); choreographer for 'Oliver!' (2015). Role models? "My parents, because they have pushed me to go further than I thought I could." Hopes for the future? To study biomedical sciences, and eventually medicine, at the University of Otago.

Congratulations to...



Briana George, Yr 12, was selected as Kavanagh's winner at the Dunedin School of Art Otago Secondary Schools Art Awards Exhibition.
Christina Weston, Yr 11, our new student representative for the Board of Trustees, will replace the current student representative Caitlin Smith, Yr 13, in Term 4. With her strong interest in debating, passion for justice and love of solving problems, Christina is the perfect choice to represent the College. She has been at Kavanagh since Yr 7 and has been involved in many school activities, from badminton to the Bishop's Shield. Currently she is on the committee for the Dunedin City Youth Council, is a Students Against Drunk Driving (SADD) leader and a diving coach. Students wishing to contact her can find her at 11RO's tutor group time in the Cooking Room, or by emailing westonc@kavanagh.school.nz.
Anna Roberts, Yr 10, was placed seventh in the top ten junior speakers in the Dunedin Schools Debating Competition. Her average debating score was 68.5. This is great to see in Anna's first year of debating.

Kav News

Every Friday students and staff will be able to access a new week's episode of Kavanagh in action. Footage can be submitted through a Dropbox in an on-site shared folder, simply by dragging and dropping it. The link is www.bit.ly/KavNewsDropbox. Reports are limited to no more than three sentences. Ex-student James Gunn is in charge (james@gunny.co.nz) and he is inviting videos and photos to be sent in a zipped folder.

He can also be contacted by email: kavanagh-news2105@gmail.com. Items include sports, subjects such as Science, student challenges, school assemblies and trips, dance and other performances.



Snow day, by Iris Sun, Yr 12

This article was inspired by the black ice in August, when Kavanagh decided to start at 10 am.

As usual I wake up at 8 am feeling so sleepy that I can barely open my eyes as I am still caught up in last night's dreams. I force myself to get out of bed because I have to go to school. I do the same old routine which I've done a thousand times. I put on my uniform, knot my tie and open the curtain. I see a blanket of snow! It looks soft and my garden is a giant white marshmallow. I put my arms in the air and shout: "Yeah, no school today!"

It's silly, but in Dunedin it doesn't usually snow so every time it does, the buses and cars can't come out because Dunedin's roads are really steep and sloping. When it snows the roads are so slippery and it's dangerous to drive. I feel a rush of excitement and adrenaline pumps through me. This only means one thing: school is closed!

I bolt downstairs to tell my homestay parents, but they say I need to check the school website first. My heart is pounding. I desperately want a day off. I'm seconds away from finding out! The school website of course works slowly; there is no surprise there. I fondly look outside and think about the things I can do today that are snow related. Maybe I could build a snowman? Or throw snowballs? The possibilities are endless!

My heart sinks when the school website finally loads. My dreams are instantly shattered and I feel defeated. I can't believe we have to go to school at 10am. Now I have to figure out how to get there because there are no buses and the ground is icy. I run through all the methods I can get to school but the only one that seems sensible in a sea of half-baked ideas is walking. What a series of unfortunate events I think to myself as I tackle the slippery road. Normally it takes me half an hour to walk to school but due to the danger the ice presents, I decide to leave a bit earlier.

As soon as I come out of the door, the cold wind slaps my face. I feel like I'm in Antarctica, minus the wildlife. The air is wet, cold and unforgiving. My face goes numb and soon my legs follow. Was I even walking with my own two legs? I want to go back home but I can't, I mustn't. I'm getting closer, step by step by little step. At this point I have to stress how slippery the road is. It's as if Dunedin was a giant ice skating rink and I'm not exactly what you would call a gifted skater. I hold on to fences and tree branches for dear life as I make my way over the frosty surfaces, resenting the fact that I have to walk to school today. What's worse is the silence. Maybe the snow has shut the world down or maybe some people are sane enough to stay home instead. I can't see anybody else walking, just me. When I was younger I used to want to visit a ghost town and wander around all by myself. Now I know how stupid that idea was. I see footprints in the snow. Maybe I'm not alone after all. I see handprints too. I chuckle to myself at the idea of someone slipping and falling on the ice-bound road. How amusing indeed. Carefully, I hold on to the wall and take even slower steps. I reminisce about China. We have four distinctive seasons unlike Dunedin. I find that Dunedin is one of those cities that can't decide on proper weather patterns. God forbid I call a Dunedin summer a real summer and a Dunedin winter a real winter. Last time I checked you needed a hot, blazing sun for summer and 5 cm of snow is just something that is lazy. In China if it snows your legs would be covered, but China's roads are flat unlike Dunedin's. People can still advance on it without the fear of injuring themselves or, worse, being humiliated. Today is one of those days that "builds character".

After an hour walking slower than a stampeding herd of turtles, I finally reach school. Yay! I have defeated the mighty, villainous cold weather and stuck its own cold dagger down its throat! I have English first and then Biology so I have to move from the Mercy Block to the Science Block. Another challenge has presented itself. Kavanagh is on a hill, a steep one at that and I am no athlete. The juniors are playing with the snow outside so I have to dodge snowballs and carefully move without the aid of my trusty friend, the wall. No one wants to fall in front of others. Cold weather is one thing but I will not tolerate humiliation, at least not today. I come five minutes late to class.

Mr Prince reads the notices and his voice booms when he announces "Kavanagh finishes at one pm today." What? Really?! I could dance right there, I could've done flips, hey I could've done back flips but I didn't. I decide I'm not going to injure or embarrass myself today. Everyone shouts and joyous chanting fills the room. Time flies by and school is finished. Today, I climbed my personal Mount Everest.

Ding! Ding! Ding! Never have I been so happy to hear the sound of normally, annoying bells. It's time to go home. Walking out of the Science Block is hard. Everything is frozen but I have to admit it's much better than this morning. Little flecks of snow hit my face and the snow on the ground has already melted. I walk home satisfied and happy.

The warm air greets me as soon as I open the front door. I decide to reward myself with a cup of hot chocolate with real marshmallows and I sink into the sofa.

I literally can't think of anything better.



The designer of the 2015 Good One t-shirt is Oliver Tily, 7JON.



Profiling...



FULL NAME: Kahlia Rose Pulham, 7OST, niece to Ann-Marie Pulham, Science technician.
BORN IN : Both in Dunedin. **AGE:** 11; "a lady never reveals." **STAR SIGN:** Virgo; Aries.
WHAT'S THE BEST THING ABOUT KAVANAGH? K: I get to play a lot of sports and I get to learn; AM: Hearing all the gossip on Monday morning.
AND THE WORST? (Seriously...) K: The school bus arriving late to school. AM: Being what everyone is gossiping about!!
WHAT DO YOU REMEMBER ABOUT YOUR FIRST DAYS AT KAVANAGH? K: That I was really scared but then I made lots of new friends. AM: Hoping I'd remember how to make chemical solutions. It was fourteen years since I'd done this.
WHAT WILL YOU REMEMBER MOST ABOUT BEING AT KAVANAGH? K: That I had a lot of wonderful teachers who made learning fun and interesting. AM: My cold room.
WHAT DO YOU LIKE READING? WHAT'S YOUR FAVOURITE BOOK? K: Fiction, and my favourite book: well, that's hard to choose. AM: Nursery rhymes: see later answer.
IF YOU HAD A MASCOT OR SYMBOL WHAT WOULD YOU CHOOSE AND WHY? K: A panda bear because they're cute and cuddly. AM: A set of hands because my job is very hands on and I like doing crafty things.
WHAT SPORTS DO YOU PLAY? K: Netball. AM: Yoga on a paddleboard in the Harbour.
WHAT IS THE MOST IMPORTANT THING FOR YOU THIS YEAR?

K: To do well at school. AM: My first grandchild.

WHERE DO YOU HOPE TO BE IN TEN YEARS' TIME? K: Travelling around playing netball or being a fashion designer.

AM: Alive.

WHAT ADVICE WOULD YOU GIVE TO STUDENTS FOR THE REST OF 2015? K: Live life to the fullest and be nice to people. AM: Do your Science homework!



A Beautiful Little Fool by Shimmah Matika 7OCA

His face is like a painting by Michelangelo
His smile is like a spell that makes me fall for him
His hands are like music notes dancing everywhere
His arms are like birds as free as you can get
His legs are like stilts towering over me
His fingers are like jellyfish wobbling all about
His heart is like chocolate made just for me
His stare is like a key to my heart
His voice is like an angel
His laugh is like music to my ears

Fighting cats, by Lachlan MacArthur 7OCA

Hiss! Claws out scratching
Fur flies everywhere
Backed into a corner
Screeching blood dripping
we have a winner.

The Bully, by Enrique Garcia 7OCA

His face is like bubbling molten lava,
His rotten smile covers his rat-like teeth,
His hands are like cranes ready to pick on his next victim,
His heart is like a black hole ready to suck up dreams,
His laugh is like a creaking floor laughing at the weak,
He is the brother of the devil.

Like A TV, by Taimana Davis

The TV stands in the corner like a lonely man.
The TV stares at me, haunting me.
The TV glows in the dark like eyes, or a man holding a torch.
The TV sounds like a lonely girl, laughing like crazy.

The Moon, by Alyssa Gamao 7OCA

He wakes from a long slumber,
Smiles and is the center of attention,
Kisses the sky as he dances through the stage.
Applauded by the thousands who are watching,
He dances until the curtains closes.
Once again, he falls back into his slumber,
Waiting for the next show to come.

Sausages by Poppi Marshall 7OCA

Sizzle crackle pop sausages in the pan
twist wiggle jiggle, as the oil goes in pop pip pizz they cook.

Yr 10 Drama students have been learning about the history of theatre, from Greek Theatre and Comedia Dell'arte to Elizabethan Theatre and Shakespeare. Here they are seen experimenting with the use of mask and long, flowing garments, in an interpretation of the Greek myth, Cupid and Psyche.



No.100

by Mancy Wang, Yr 12

No.100 was murdered last night. His little white belly was overturned and floating on the surface of the water in his aquarium. I was in complete shock. The ninety-nine fish before were all kept under strict conditions. I let the water flow fresh everyday; the temperature was just as comfortable as if in a warm spring. There was also a few flourishing greens growing on the aquarium floor to ensure enough oxygen supply. No sharp stones hidden. No chemicals accidentally dropped. After all these rigorous, exclusive methods, I concluded that the death of No.100 was a murder. And I targeted my suspect, Mr S.

"What? You think I murdered your fish?" Mr S looked at me with twinkling eyes which I assumed was a sign of guilt.

"You are the only one who had been in my house last night, Mr S. You had the chance to poison this poor little creature. He's not just a fish: his name is No.100," I continued, pressuring him.

"No, I didn't. Can't be bothered." He sighed heavily and suddenly looked bored.

Within ten minutes of this interrogation, I was finally convinced he was innocent. Then who killed No.100?
I decided on an autopsy.

I put on my smelly surgical rubber gloves and scraped the scales off, expecting to find tiny cuts or pinholes. But no! No physical injury. I carefully opened his chest. Oh, the stomach! It was filled with his favorite fresh, squishy worms, nothing else. Certainly, I fed No.100 rationed food everyday, neither too much to explode nor too little to starve. OK, let's move on. The fins, just as smooth as the dragonfly's wings. The bladder, perfectly floating in the water. The brain, no internal bleeding. Oh! My dear No.100, what can I do for you? I can't even prove the cause of your death! Hey! Wait a second. No murderer. No accident. Therefore the only remaining cause is - suicide!

OMG! My fish! No.100! He committed suicide! A fish! But how? There were not any internal or external injuries. Impossible to knock himself out on the glass with nobody to help. Impossible to jump out of the aquarium and dry his body, then jump back in. Hence, No.100 must have drowned himself in water. Water! The only weapon he can use! O! M! G! A fish drowned himself in water!

When I was trying to digest this shocking fact, Mr.S called me from the doorway.

"Honey, what are you doing? You look strange today. Come here, dinner is ready."

"Listen to me, S. No.100 drowned himself in water." I was super mad that he had interrupted my thinking.

"Come on, you need to get over this. Try some of these."

"No! My fish No.100! He committed suicide... Umm, this tastes very nice, but a little bit tough."

"Think positively, honey. He died just a few hours before I cooked. Probably No.100 predicted his death today and chose to drown himself rather than be knocked out by me. Umm, I agree with you now. The fresh ones will taste better."

Yrs 7 and 8 Sports Interchange

In September the Yrs 7 and 8 sports teams headed to Central Otago for their bi-annual trip. On the first day we played Cromwell College where we prevailed by five matches to two. Stand out performances came from the netball, football and miniball teams. This is our second competition with Cromwell, so we retained the trophy. That afternoon we headed to Wanaka where we were hosted by Mt Aspiring College. The evening was dedicated to miniball, and Kavanagh won both matches. After the miniball the Yr 8 children were matched up with their billets and set off to various points of the compass. The Yr 7 children relocated to their lodgings at Lake Hawea Motor Camp where they slept like lambs. The next day's sports played were netball, football, volleyball and rugby. In a tight interchange Mt Aspiring won overall, five matches to four. Once again our miniball teams shone. Other winners were Yr 7 netball (unbeaten on the tour, like both miniball teams) and Yr 8 volleyball. The travellers

conducted themselves superbly and on the bus trip home were energetic and lively. At both Colleges the Kavanagh children were a great credit to their school and families. Once again we are indebted to Mr Shaun Haig for his peerless organisation and industry and Ms Jones for her coaching and leadership. We will host Mt Aspiring next year and look forward to another Central sojourn in 2017.



KAV KWIZ ANSWERS: 1.. 'With her (Mary) as our guide'; 2 Verdon College; 3. Polyfest; 4. Bach to the Future;5. Bodkin (Brother Bodkin).

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